

Cucumber 'n' Laban

Makes about 1½ cups

1 large cucumber, chopped
1 cup (8 ounces) plain yogurt
1 tablespoon dried mint
1 clove garlic, crushed
½ teaspoon salt
Pita bread and fresh vegetables

Combine cucumber, yogurt, mint, garlic and salt in medium bowl; stir to blend. Refrigerate until ready to serve. Serve with pita bread and vegetables for dipping.

Courtesy: Tasting Party of Bible Foods (October 11, 1978)