

Tex-Mex Beef and Zucchini Skillet

Makes 4 servings

1½ pounds ground beef
1 medium zucchini, chopped
1½ cups diced tomatoes
½ cup diced jalapeño peppers
½ cup salsa
2 teaspoons taco seasoning mix

1. Brown beef 6 to 8 minutes over medium-high heat, stirring to break up meat. Drain fat.
2. Add zucchini; cook 4 minutes. Add tomatoes, jalapeño, salsa and taco seasoning mix; cook and stir 3 to 5 minutes or until heated through.

Courtesy: Joella Morris